



Occupational Therapy SOAP Note Template

14 Mar 2023 / Silvia Azarias

Complete

Score	0%	Flagged items	0	Actions	0
Session Date	14.03.2023				
Patient Name	Brendan Alesio				
Occupational Therapist Name	Silvia Azarias				
Location	15609 E Sprague Ave, Spokane Valley, WA 99037, USA (47.6584959, -117.1938253)				

Occupational Therapy SOAP Note

Subjective Information

In this section, write down the patient's health concerns, past and present medical history, symptoms, and other vital information. Photos can also be attached as supporting evidence.

Primary Concern(s)

The patient, a 42-year-old male, has experienced difficulty performing daily activities due to pain and weakness in his left shoulder.

Patient History

The patient mentions undergoing a rotator cuff tear and subsequent surgery three months ago. He completed physical therapy but continues to have difficulty with daily activities.

Review of Symptoms

The patient reports pain and weakness in his left shoulder, which is aggravated by activities like reaching and lifting.

Other Notes

The patient has a history of hypertension and takes medication for it.

Supporting Photos/Documents (Optional)



Photo 1

Objective Information

In this section, note all quantifiable data about the patient's physical and functional state, including the following:

- Vital signs
- Findings from physical examinations
- Laboratory results
- Imaging results
- Other diagnostic information

Physical and Functional Condition

Vital signs are within normal limits. Physical examination reveals a limited range of motion and weakness in the left shoulder. No edema or redness was noted. The patient is able to perform activities of daily living with moderate difficulty.

Other Notes

No significant findings on laboratory tests.

Supporting Photos/Documents (Optional)

[Laboratory Results.pdf](#)

Assessment

In this section, give your professional opinion about the patient's condition considering the subjective and objective data provided by the patient. This can include a summary of the patient's diagnosis, recovery progress, and areas for improvement.

Problem or Diagnosis

The patient is diagnosed with shoulder impingement syndrome secondary to rotator cuff tear.

Differential Diagnosis

Other possible diagnoses include adhesive capsulitis, shoulder instability, or bursitis.

Other Notes

The patient's history of rotator cuff tear and surgery, as well as his symptoms and physical exam findings, support the diagnosis of shoulder impingement syndrome.

Plan

In this section, specify the goals for the patient and the steps required to achieve them. This can include exercises, rehabilitation programs, interventions, or referrals to other healthcare professionals.

Treatment Plan

The patient will begin occupational therapy to improve his range of motion, strength, and functional ability in the left shoulder. Treatment will include therapeutic exercise, manual therapy, and education on joint protection techniques. The patient will also be advised to avoid aggravating activities and use pain management strategies as needed. Treatment progress will be monitored regularly, and adjustments made as necessary.

Completion

Name and Signature of Occupational Therapist

Silvia Azarias

Silvia Azarias
14.03.2023 14:46 PST

Appendix



Photo 1

[Laboratory Results.pdf](#)