



Gym Inspection Checklist

31 May 2025 / Rosa McDermott

Complete

Score	20 / 24 (83.33%)	Flagged items	1	Actions	0
Conducted on	31.05.2025 14:00 PST				
Prepared by	Rosa McDermott				
Gym location (branch)	Elk Grove, California				

Flagged items

1 flagged

Equipment Checks / Cardio Equipment

Are the treadmills functioning properly?

No

One treadmill has faulty function buttons — customer brought up difficulty controlling the speed settings.
Potential hazard that could injure gym users



Photo 1

General Housekeeping and Maintenance		6 / 9 (66.67%)
Have the floors been cleaned (sweep, vacuum, mop) and disinfected?		Yes
Have the drinking fountains been cleaned and disinfected?		Yes
Have equipment that are used with direct skin contact been cleaned and disinfected?		Yes
Are the mirrors clean?		Yes
Is there any wear and tear on the floor?		No
Do the nonslip mats have any wear and tear?		No
Are there any faulty equipment?		No
Are all equipment returned and stored properly?		Yes
Has the trash been properly disposed of?		Yes

Equipment Checks	1 flagged, 7 / 8 (87.5%)
Cardio Equipment	1 flagged, 3 / 4 (75%)

Are the treadmills functioning properly?

No

One treadmill has faulty function buttons — customer brought up difficulty controlling the speed settings.
Potential hazard that could injure gym users



Photo 1

Are the rowing machines functioning properly?	Yes
Are the spin bikes functioning properly?	Yes
Are the elliptical machines functioning properly?	Yes
Weightlifting Equipment	4 / 4 (100%)
Are the dumbbells properly stored?	Yes
Are the weight plates properly stored?	Yes
Are the barbells in good condition?	Yes
Are all safety equipment (belts, collars, safety bars) returning properly?	Yes

Emergency and Risk Preparedness		7 / 7 (100%)
Are all exits marked and illuminated clearly?		Yes
Are the emergency lights working properly?		Yes
Do all exit doors unlock from the inside and open out to the exit route?		Yes
Is there a clear emergency route sign?		Yes
Is there adequate first aid kit accessible within the gym premises?		Yes
Are the locker safety and usage instructions clear and posted on an accessible place?		Yes
Are there fire extinguishers within the gym premises?		Yes

Sign Off

Other observations

Floor mats are in decent condition, but may need to be replaced in the next month.

Suggestions and feedback

Check on other treadmills next week to ensure proper maintenance and have everything working properly.

Completed by

Rosa McDermott Rosa McDermott
07.06.2025 14:20 PST

Completed on

31.05.2025 16:00 PST

Media summary



Photo 1